

Palliative Aged Care Link Nurse Newsletter Issue 4, September 2013

Welcome to issue No. 4 of the Palliative Aged Care Newsletter!

Education

A fantastic day of education on 'a palliative approach to care for people living with a disability' facilitated by Professor Fran McInerney was held on 24th June at Truffleduck. The attendance was beyond expectations and the feedback received was extremely positive.

In response to all the requests to have Fran back in Geelong we have secured her to do a half day workshop at the pre conference day prior to the Barwon Health Palliative Care Conference in March, 2014. Details of this event will be advertised as soon as all details are confirmed.

Personal Care Workers Education Day

The first education workshop for 'A palliative approach to care for personal care workers' was held on the 11th September in the new McKellar Education & Training Centre (METC).

The response to this workshop was overwhelming. I am very excited about the enthusiasm of our personal care workers who are so eager to learn as much as possible to deliver the best possible care to all our residents/clients in residential aged care and in the community. Well done to all who attended!

A further two workshops are planned for November 20th and 12th February. November's workshop is now fully booked, and there are only a few places left for February so if you are interested in attending please book now.

These workshops will now be a regular feature on the education program so watch out for further workshop dates next year.

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Upcoming Education—Dates for your diary: please contact Myra for further information on any of the following education days.

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| 10th October | Workshop 'Social Issues for staff working in residential care' |
| 20th November | Workshop 'A palliative approach to care for personal care workers' |
| 12th February | Workshop 'A palliative approach to care for personal care workers' |
| 19th March | Pre conference workshops, details to be confirmed |
| April date TBC | Re grouping of 2013 Link Nurses |
| May / June | Link nurse workshops on a palliative approach for RNs and EEN/s/ENs |

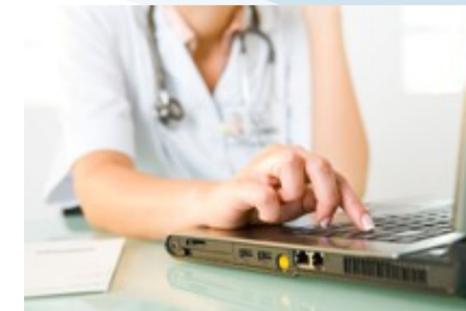
Informal Education

A reminder that Myra is available to come to your facility and provide 1 hour informal education sessions on a palliative approach, end of life care, comfort and dignity, pain assessment and management, symptom management, Niki T34 syringe drivers, self care /grief, difficult conversations, palliative care case conferencing, advance care planning or any other education specific to a particular resident who may be deteriorating or terminal.

Program of Experience in the Palliative Approach (PEPA)

A reminder to those of you who would like to have some hands on experience and training in a palliative care environment that PEPA are currently offering placements. PEPA includes clinical workforce placements for RNs of up to five days with a specialist palliative care service at little to no cost to yourself or your employer.

Visit <http://www.pepaeducation.com/health-professionals/aged-care-staff.aspx>
for further information to apply.



Opportunities to upskill online for free!

Palliative Care Online Training is funded by the Department of Health and Ageing and is aimed at helping health professionals provide palliative care to aged persons in the community.

To register go to:
www.palliativecareonline.com.au

Interested in learning more about dementia?

The University of Tasmania's first Massive Open Online Course (MOOC), *Understanding Dementia*, is an 11-week online course that builds upon the latest in international research on dementia. It's **free** and anyone can register.

www.utas.edu.au/wicking/understanding-dementia

Website: www.bswrpc.org.au
Reminder about the tab for link nurses to access articles of interest including: education opportunities, medication conversions, medication compatibilities, the palliative approach toolkit, and much more.

CareSearch has a new RAC Hub, dedicated solely to assist residential aged care staff in their delivery of palliative care. www.caresearch.com.au