



Need help navigating palliative care resources for you or your residents?

There are so many & it can be so confusing right?!

We put together this list to help you. It provides you with the name, a brief summary (with important features in **bold**) and a link to access them right from the page. We have included only free resources or programs, most of which are funded by the Australian Government Department of Health or are not-for-profit. It's not the whole list, but it is a great start!

Here are three palliative aged care programs to start you in the right direction...

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These three **palliative aged care programs** can get you started with that can help you embed & **standardise** palliative care assessment (PACOP), **practice** palliative care (PEPA) & **learn** more about what palliative care is (ELDAC), these include:

PACOP helps ACHs embed standardised assessment into routine practice for early identification of deterioration & palliative care needs to improve palliative care outcomes for residents, their families, ACHs & the aged care sector. PACOP is funded by the Australian Government Department of Health.

PACOP 
palliative aged care
outcomes program

PEPA Program of
Experience in the
Palliative Approach
Funded by the Australian Government Department of Health

The PEPA program helps health professionals to deliver palliative care by providing training in clinical placements in specialist palliative care services and interactive workshops.

ELDAC provides information, guidance, and resources to health professionals and aged care workers on palliative care and advance care planning to improve the care of older Australians. ELDAC is funded by the Australian Government Department of Health.

 **ELDAC**
End of Life Directions for Aged Care

These and more are listed on the following pages in alphabetical order...

The A-Z of free palliative aged care support for ACHs

Project name	Support provided	Link
Advance Care Planning Australia	Advance Care Planning Australia is a national program that promotes advance care planning, including resources and national curriculum and learning.	Advance Care Planning Australia
Australian Indigenous HealthinfoNet	Aims to make research and other information available in a form that has immediate, practical utility for practitioners and policy-makers in the area of Aboriginal and Torres Strait Islander health .	https://healthinfo.net.ecu.edu.au/search/palliative+care/?kw=palliative+care
AHHA – Australian Healthcare and Hospitals Association	The Palliative Care Online Training Portal (link is external) offers free non-clinical interactive training for carers and aged care workers and clinicians who want to build their skills in caring for someone with a life-limiting illness.	https://ahha.asn.au/pallcareonline
AN-ACC – The Australian National Aged Care Classification	The Australian National Aged Care Classification (AN-ACC) will replace the Aged Care Funding Instrument (ACFI) and provide increased funding transparency and accountability.	AN-ACC assessment process and classification Australian Government Department of Health and Aged Care
AN-ACC Class 1 – Admit for Palliative Care	This AN-ACC classification is completed prior to a resident being placed in care, and requires the ACH to provide palliative care from admission.	https://www.health.gov.au/resources/publications/what-is-an-acc-class-1-admit-for-palliative-care
Better Health Channel	Palliative care for CALD communities, resources in languages other than English	https://www.betterhealth.vic.gov.au/health/servicesandsupport/Palliative-care-for-culturally-and-linguistically-diverse-communities
CareSearch	CareSearch provides nationally available websites to connect health professionals and the general public with trustworthy, evidence-based information and resources in palliative care .	CareSearch palliative care knowledge network https://www.caresearch.com.au/tabid/6652/Default.aspx
Centre for Cultural Diversity in Ageing	Multilingual resources, various topics	https://www.culturaldiversity.com.au/cpppicac-login-gg/resources/doc_download/61-wendy-bateman

Project name	Support provided	Link
Comprehensive Palliative Care in Aged Care measure	The Comprehensive Palliative Care in Aged Care measure (the measure) aims to help older Australians living in residential aged care, nearing the end of their life.	Comprehensive Palliative Care in Aged Care measure Australian Government Department of Health and Aged Care
DSA – Dementia Support Australia	DSA works with you to understand the causes of changed behaviours, they assess the level of support a person needs. Through evidence-based strategies and recommendations, training, and ongoing support and advice , they help you get the best outcomes for the people in your care.	https://www.dementia.com.au/
DTA – Dementia Training Australia	Dementia training, education and resources for the Australian workforce. Improving the health and wellbeing of people living with dementia and the staff who support them	https://dta.com.au/
ELDAC – End of Life Direction for Aged Care	ELDAC provides information, guidance, and resources to health professionals and aged care workers on palliative care and advance care planning to improve the care of older Australians.	End of Life Direction for Aged Care - ELDAC ELDAC - Residential Aged Care
Gwandalan National Palliative Care Project	This project aims to improve access and the quality of palliative care service delivery for Aboriginal and/or Torres Strait Islander people throughout Australia, by providing a suite of tailored education and training materials to support cultural safety within palliative care services.	National Palliative Care – Supporting Palliative Care for Aboriginal and Torres Strait Islander Communities (gwandalanpalliativecare.com.au)
Griefline	Grief and loss resources, free telephone support	https://griefline.org.au/get-help/
The Advance Project	<p>The Advance Project® provides practical, evidence-based resources and training that empower aged and primary care professionals to initiate advance care planning and palliative care. Our suite of training and resources comprises two toolkits:</p> <p>For general practice – The Advance Project Toolkit (General Practice)</p> <p>For use with people living with dementia – The Advance Project Toolkit (Dementia).</p>	The Advance Project Training Overview - The Advance Project

Project name	Support provided	Link
IPEPA – Indigenous Program of Experience in the Palliative Approach	IPEPA prepares mainstream and Aboriginal and Torres Strait Islander health professionals to deliver high quality, holistic and culturally responsive palliative care to Aboriginal and Torres Strait Islander people and their loved ones.	What is IPEPA? - PEPA (pepaeducation.com)
LGBTIQ+ Health Australia	LGBTIQ+ Health Australia works with the palliative care sector to provide appropriate services and increase knowledge and awareness of palliative care within LGBTIQ+ communities.	Palliative Care - LGBTIQ+ Health Australia
Migrant Information Centre	Cultural Profiles to assist in providing culturally sensitive palliative care	https://miceastmelb.com.au/wp-content/uploads/2016/02/Palliative_care_resource_for_workersAug2009.pdf
OPAN – Older persons Advocacy Network	Free education sessions and eLearning programs for aged care and health professionals, covering the rights of older people, abuse, diversity training and provider responsibilities.	https://opan.org.au/education/education-for-professionals/
PaCE – Palliative Care Education Directory	PaCE is a resource directory for educators and health and aged care providers. Access relevant palliative care education resources direct to your device.	Palliative Care Education Directory (pace.org.au)
PACOP – The Palliative Aged Care Outcomes Program	PACOP facilitates optimal palliative and end-of-life care for residents living in aged care homes (ACHs) by supporting ACHs to embed a framework of standardised assessments into routine clinical care to identify deteriorating residents and those with palliative care needs and concerns, to inform appropriate and timely care and contribute to comprehensive care planning for all residents.	Palliative Aged Care Outcomes Program - University of Wollongong – UOW
palliAGED – palliative care aged care evidence	palliAGED is the palliative care evidence and practice information resource for the Australian aged care sector. They also provide Culturally Appropriate training and resources. It provides support for health and care practitioners as well as resource developers. The website also provides trustworthy information for older Australians, their families and friends.	https://www.palliaged.com.au/ https://www.palliaged.com.au/tabid/4417/Default.aspx

Project name	Support provided	Link
PCA – Palliative Care Australia	<p>Palliative Care Australia provides national leadership to contribute to the development of palliative care public policy in Australia and promotes increased awareness of palliative care. Within PCA there are also state and territory sections.</p> <p>See also, Culturally appropriate palliative care, and palliative care in aged care.</p>	<p>Palliative Care Australia Australian Government Department of Health and Aged Care</p> <p>https://palliativecare.org.au/resource/aboriginal-and-torres-strait-islander-peoples-palliative-care-resources/</p> <p>https://palliativecare.org.au/event/having-a-yarn-final-footprints-live-webcast/</p> <p>https://palliativecare.org.au/resource/palliative-care-in-aged-care/</p>
PCC4U – Palliative care curriculum for undergraduates	<p>The PCC4U program promotes the inclusion of palliative care education as part of all medical, nursing, and allied health undergraduate and entry to practice training, as well as their ongoing professional development.</p>	Home - PCC4U
PEPA – Program of Experience in the Palliative Approach	<p>The PEPA program is part of the Palliative Care Education and Training Collaborative and helps health professionals to deliver palliative care by providing training in clinical placements in specialist palliative care services and interactive workshops.</p>	Home - PEPA (pepaeducation.com)

Generic link: [Palliative care initiatives and programs | Australian Government Department of Health and Aged Care](#)